

NUMBER ONE COACHING TOOL OF THE MONTH CLUB

FOR A RADICAL BREAKTHROUGH IN CREATING YOUR OWN IRRESISTIBILITY FACTOR!

FIRSTLY, THANK YOU FOR CREATING THE OPPORTUNITY FOR YOURSELF TO HAVE A RADICAL BREAKTHROUGH IN CREATING YOUR OWN IRRESISTIBILITY FACTOR, AND THANK YOU FOR THE OPPORTUNITY THAT YOU GIVE ME TO MAKE A DIFFERENCE FOR YOU, WHICH FULFILLS MY LIFE.

SECONDLY, HERE IS MY NUMBER ONE TOOL OF THE MONTH FOR YOU TO USE TO CREATE YOUR OWN IRRESISTIBILITY FACTOR. HOWEVER, THIS EXERCISE ONLY WORKS IF YOU COMPLETE IT RIGOROUSLY AND GENUINELY ALL THE WAY THROUGH.

TO DO THIS EXERCISE, PLEASE USE A NOTEBOOK, NOTEPAD OR A NOTE APPLICATION ON YOUR PHONE. YOU WILL WANT TO HAVE SOMETHING THAT YOU CAN CARRY WITH YOU ANYWHERE YOU GO AND THAT IS EASY FOR YOU TO USE. FOR YOU TO BE ABLE TO OBTAIN THE RESULTS OF THIS EXERCISE, IT REQUIRES YOU TO DO IT FOR 21 DAYS.

1) SOME IRRESISTIBLE PEOPLE MAY BE HANDSOME OR BEAUTIFUL BUT WHAT IS IT ABOUT THEM BEYOND THAT PHYSICAL BEAUTY WHICH IS IRRESISTIBLE? WRITE DOWN AS MANY THINGS THAT YOU CAN THINK OF THAT YOU THINK MAKES CERTAIN PEOPLE IRRESISTIBLE. YOU HAVE THE ABILITY TO BE ANY WAY THAT THEY ARE. HOW YOU DO THIS IS TO "TRY ON" THOSE WAYS LIKE AN ACTRESS/ACTOR WOULD. FOR EXAMPLE, IF YOU THINK IT IS IRRESISTIBLE TO SPEAK OR STAND OR MOVE IN A CERTAIN WAY THEN PRACTICE THOSE THINGS.

2) IRRESISTIBILITY STARTS FROM WITHIN. IF YOU CREATE YOURSELF AS IRRESISTIBLE THEN OTHERS WILL JUST NATURALLY PICK UP ON IT. I AM NOT TALKING ABOUT NARCISSISM. I AM TALKING ABOUT YOU ACTUALLY LIKING YOURSELF AND BEING YOU. PEOPLE ARE DYING TO BE AROUND PEOPLE WHO LIKE THEMSELVES AND CAN BE THEMSELVES (COMFORTABLE IN THEIR OWN SKIN). TAKE A LOOK IN THE MIRROR AND FIND AT LEAST 10 THINGS YOU LIKE ABOUT YOURSELF. REALLY TAKE THEM IN AND ENJOY THEM. NOW FIND THE THINGS YOU DON'T LIKE ABOUT YOU AND JUST ACCEPT THEM. BEING

OK WITH THE THINGS YOU DON'T LIKE AND IN LOVE WITH THE THINGS YOU DO LIKE ABOUT YOURSELF WILL HAVE YOU BE ABLE TO BE CONFIDENT WITH OTHERS. FOR THE THINGS YOU LIKE ABOUT YOURSELF PRACTICE FULLY EXPRESSING THOSE THINGS – FULLY BEING YOU. DO NOT HOLD BACK FROM LETTING IT BE SEEN OR HEARD OR EXPERIENCED FOR YOURSELF OR BY OTHERS. FOR EXAMPLE, IF YOU LIKE THAT YOU LAUGH A CERTAIN WAY THEN ALLOW YOURSELF TO FULLY LAUGH THAT WAY – OUT LOUD, WITH YOURSELF AND WHEN YOU ARE AROUND OTHERS.

3) SMILE. THAT'S RIGHT – SMILE. PEOPLE FIND OTHERS WHO SMILE IRRESISTIBLE. IT PUTS PEOPLE AT EASE, WARMS THEM AND MAKES THEM FEEL INCLUDED AND LIKED. YOU MAY NEED TO PRACTICE THIS. TAKE YOURSELF TO A MIRROR AND ALLOW YOURSELF TO SMILE A BIG WARM SMILE. THINK OF SOMETHING THAT MAKES YOU HAPPY AND LET YOURSELF JUST ENJOY THE THOUGHT AS A SMILE ARISES ON YOUR FACE. THE POINT IS NOT TO CREATE A FAKE SMILE (THAT WILL TURN PEOPLE OFF – DON'T YOU ALWAYS KNOW WHEN SOMEONE HAS A FAKE SMILE?). THE THING TO PRACTICE IS A REAL SMILE.

4) BE GREAT WITH PEOPLE. THERE IS NOTHING MORE IRRESISTIBLE THAN REALLY BEING KIND AND CARING ABOUT PEOPLE AND LETTING IT SHOW. YOU PROBABLY REALLY LOVE PEOPLE SO LET IT OUT AND UNLEASH YOUR LOVE ON THE WORLD. WHEN YOU ARE LETTING YOUR LIGHT SHINE OUTWARDS, PEOPLE WILL COME TOWARD IT.

5) GO TO THE LIST YOU CREATED IN #1 AND TRY ON ANY OF THE THINGS I HAVE NOT ALREADY MENTIONED. PRACTICE IN THE MIRROR. PRACTICE WITH FRIENDS. ASK YOUR FRIENDS WHAT QUALITIES THEY FIND IRRESISTIBLE ABOUT YOU AND HAVE THEM SHOW YOU WHAT IT LOOKS LIKE (YOU ARE ALREADY IRRESISTIBLE TO PEOPLE AND PROBABLY DON'T EVEN NOTICE WHEN IT IS HAPPENING).

NOW GET OUT IN THE WORLD AND CRANK UP YOUR IRRESISTIBILITY FACTOR. I KNOW YOU ARE A DELICIOUS MAGNET THAT PEOPLE ARE DYING TO GET TO KNOW. THE EXPERIENCE OF IRRESISTABILITY CAN BE CREATED IN A MOMENT. IT HAS NO DEPENDENCY ON ANYTHING OUTSIDE OF YOU.

THE TRICK IS TO PRACTICE. YOU CAN LITERALLY PRACTICE WHENEVER YOU'D LIKE. YOU WANT TO PRACTICE BY FULLY CREATING YOURSELF IRRESISTIBLE AND LETTING YOURSELF EXPERIENCE THE MAGNET YOU ARE. USE WHATEVER YOU NEED TO USE FROM THE ITEMS ABOVE. WITH CONTINUED PRACTICE, YOU CAN TURN ON YOUR IRRESISTIBILITY FACTOR ANYTIME YOU WANT FOR AS MUCH AS YOU WANT.

FOR THE NEXT 21 DAYS KEEP PRACTICING FLIPPING ON YOUR IRRESISTIBILITY FACTOR. WITHIN 21 DAYS, IF YOU ARE RIGOROUS, YOU WILL HAVE RADICAL BREAKTHROUGH IN CREATING YOUR OWN IRRESISTIBILITY FACTOR. SHARE YOUR MAGNETIC SELF WITH OTHERS TO EXPAND IT EVEN MORE – EVERYONE CAN USE MORE IRRESISTIBILITY IN THEIR LIVES!!!!

WHAT ARE ALL THE INSIGHTS THAT YOU GOT OUT OF THIS EXERCISE FOR CREATING YOUR OWN IRRESISTIBILITY FACTOR? MAKE SURE YOU PUT WHAT YOU SAW FOR YOURSELF TO WORK RIGHT NOW!!! NEUROSCIENTISTS HAVE PROVEN THAT IF YOU DO NOT ACT ON AN INSIGHT RIGHT AWAY, IT IS LOST TO YOU.

LASTLY, FROM ME TO YOU;

NEXT MONTH: WE WILL HAVE AN EXCITING TOOL ON HOW TO HAVE A RADICAL BREAKTHROUGH IN HAVING LIFE COMPLETELY GO YOUR WAY!

THANK YOU SO MUCH FOR TAKING THE TIME AND USING MY TOOLS TO CREATE SOME IMPRESSIVE RESULTS IN YOUR LIFE. THAT IN ITSELF CONTRIBUTES TO ME AND ALLOWS ME TO FULFILL ON MY LIFE'S PURPOSE, WHICH IS TO SERVE YOURS!

IF YOU WOULD TAKE THE TIME TO EMAIL ME BACK AND GIVE ME YOUR FEEDBACK, IT WILL MAKE A TREMENDOUS DIFFERENCE FOR ME AND MY CREATING MORE AND MORE THINGS TO SERVE WHAT I LOVE (OUTSTANDING PEOPLE UP TO BIG THINGS LIKE YOU)!!

HONORED TO BE YOUR PARTNER IN MAXIMIZING OUR POTENTIAL,

A handwritten signature in black ink, appearing to read 'Carolina', with a stylized flourish at the end.

CAROLINA ARAMBURO